



WORKFORCE NUTRITION Updates & Insights

Newsletter No 40 / 2 Desember 2025

Greetings!

Welcome to the latest issue of the "Workforce Nutrition - Updates and Insights" newsletter.

If you have any questions, or suggestions of topics you'd like to see in the next newsletter, please let us know at info@workforcenutrition.org.

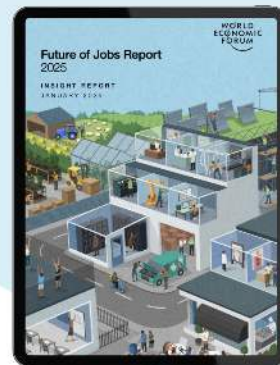
Supporting employee health and well-being is a top focus for talent attraction

The Future of Jobs Report 2025: 64% employers identified that supporting employee health and well-being is a key strategy to increase talent availability

The Future of Jobs Report 2025 highlights that supporting employee health and well-being is now a top talent strategy, with 64% of employers identifying it as essential for retaining workers. As jobs evolve and skill demands intensify, the report shows that workers increasingly need environments that build resilience, flexibility, and long-term productivity. All of these can be strengthened by improved nutrition and healthier workplace practices.

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Future of Jobs Report, 2025
World Economic Forum

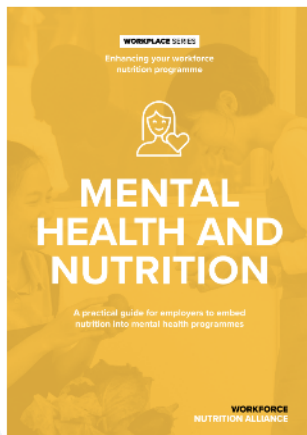


[Read the full report](#)

Mental Health and Nutrition Guidebook Launched!

The Workforce Nutrition Alliance introduced a new resource:
the Mental Health and Nutrition Guidebook

Mental health problems remain one of the challenges in workplaces, contributing to absenteeism, high turnover, and reduced productivity. Nutrition plays an important role in shaping mood, stress levels, and daily energy, making it a key component of employee well-being. Curious about how nutrition connects to mental health or how to integrate it into your organisation's existing programmes? Explore our newly published guidebook and begin strengthening mental well-being through better nutrition.



IT'S OFFICIALLY OUT!

MENTAL HEALTH & NUTRITION GUIDEBOOK

What's inside the guidebook:

- How nutrition supports mood, stress, and cognitive well-being
- A strong business case for integrating nutrition into mental health programmes
- Quick self-assessment tools for workplaces
- Practical steps employers can take
- Simple guidance for monitoring progress



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Fair Price Shops: Bringing Affordable Nutrition Closer to RMG Workers

A delegation from the Swiss Agency for Development and Cooperation (SDC) visited Workforce Nutrition project sites in Gazipur, Bangladesh to observe progress on the Fair Price Shop model

Last week, the delegation observed the Fair Price Shop (FPS) and the Community Nutrition Center and discussed how nutrition, health, and climate resilience influence worker well-being. The delegation appreciated the FPS model for increasing affordable access to nutritious foods for RMG workers and acknowledged the strong potential for wider replication. The visit reaffirmed the importance of scalable, community-focused solutions that contribute to a healthier and more resilient workforce across the sector.



[Read more](#)

Farmers' Workforce Nutrition Guidebooks: Climate Resilience Begins with Farmer Resilience

Workforce Nutrition has launched new Guidebooks tailored for implementation in farmer settings

Smallholder farmers produce 70–80% of the world's food, yet their own health and nutrition continue to receive far less attention than investments in agrotechnology. COP30 sends a clear message: prioritising farmer nutrition is a climate adaptation strategy. Workforce Nutrition's new guidebook offers a practical starting point for placing farmer health and nutrition at the centre of climate resilience efforts.

JUST LAUNCHED!

FARMERS' WORKFORCE NUTRITION GUIDEBOOKS

NUTRITION FOCUSED HEALTH CHECKS
A practical guide to support agricultural organisations to offer and monitor health checks and improve food and nutrition security for their workforce.

BREAST FEEDING SUPPORT
A practical guide for agricultural organisations to support their workforce with breastfeeding and improve food and nutrition security for their workforce.

NUTRITION EDUCATION
A practical guide for agricultural organisations to support their workforce with nutrition education and improve food and nutrition security for their workforce.

ACCESS TO HEALTHY FOOD
A practical guide to support agricultural organisations to provide healthy food options to their workforce and improve food and nutrition security for their workforce.

WORKFORCE NUTRITION ALLIANCE

FORUM

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About us

The Workforce Nutrition Alliance was launched by The Consumer Goods Forum (CGF) and the Global Alliance for Improved Nutrition (GAIN) in October 2019. The Alliance works to support employers to bring healthy nutrition to +3 million employees in companies, organisations and supply chains by 2025.