



WORKFORCE NUTRITION Updates and Insights

Newsletter No 20 / December 20, 2023

Greetings!

Welcome to this year's last issue of our "Workforce Nutrition - Updates and Insights" newsletter.

We would like to thank you for your interest in our work throughout 2023 and your support in advancing workforce nutrition, improving employees' health and well-being at the workplace.

In 2024, we will keep advocating for workforce nutrition with nutrition education, healthy food at work, nutrition focused health checks, and breastfeeding support as the cornerstones of our initiatives.

We wish you a peaceful Festive Season and a great start to the New Year!

If you have any questions, or suggestions of topics you'd like to see in the next newsletter, please let us know at info@workforcenutrition.org.

Register Now:

Fifth edition of the Workforce Nutrition Masterclass
to start on March 27th

The Workforce Nutrition Masterclass returns with its fifth edition, commencing on 27 March 2024. Tailored for HR and sustainability professionals, this programme is your key to enhancing workplace nutrition within your organisation.

The Masterclass modules are crafted around the four core pillars of workforce nutrition: healthy food at work, nutrition education, breastfeeding support, and nutrition health checks. Over the course of three months, participants will engage in interactive online sessions and gain access to practical tools essential for implementing effective workforce nutrition programmes.

Don't miss the chance to connect with like-minded professionals from across the globe! Elevate your expertise and make a lasting impact: upon completion, you will have established a strong foundation for a workforce nutrition programme that benefits both the company and the lives of its employees.



UPCOMING

Workforce Nutrition Masterclass 2024

The Masterclass to kick-off workforce nutrition in your organisation

Wednesday, 27 March 2024

09:00 - 11:00 AM CET



For more details or to secure your spot, click the button below.

[Click here and learn more](#)

Tackling food waste at scale

Google's strategic approach revealed

Google, a leader in sustainable food practices, aims to halve its food waste and eliminate sending any waste to landfills by 2025. In a recent GreenBiz article (<https://bit.ly/47kSR3m>), Michiel Bakker, Vice President of Global Workplace Programmes at Google, shared insights on how the company tackles food waste in its 35 cafeterias while also providing healthy food to the employees.

Google's approach involves strategic adjustments, mindful trade-offs and user experience, reflecting the complexities of navigating sustainability in large-scale corporate environments.

“Even the most sustainability-minded consumers are still human, and humans often choose the more convenient or easiest option. Google’s cafeterias downsized their plates from the standard 11 inches to 9 inches: smaller plates lead to less on-plate food waste.”



MICHEL BAKKER
Vice President
Global Workplace Programs
Google

GreenBiz Article, November 2023
“How Google tackles food waste”



Join the movement towards reducing food waste — a step that not only saves costs but also enhances environmental credentials. To learn more about initiatives promoting workforce nutrition and combating food waste, download our complimentary guidebook, "Healthy Food at Work," and be part of the solution:

[Click here and learn more](#)

Building a healthier and more productive workforce:

The nutrition journey of Olam Agri in Ghana

A recent interview with Wilhemina Borketey, Human Resources Manager at Olam Agri Ghana Limited's grains business, delved into the company's inspiring journey towards prioritising workforce nutrition.

With a focus on the firm's compelling vision to ensure that 100% of its employees have access to nutrition programmes by 2030, Borketey said: *"We made a strong case for our workforce nutrition programme, emphasising employees' improved health, increased productivity, and preventing chronic diseases."*

Borketey underscored the pivotal role of the company's leadership in achieving success, highlighting that at Olam Agri Ghana, their commitment extends beyond business; *"It's about nurturing healthy and thriving employees."*

**“Eat healthy today
and keep the doctor
away tomorrow.”**



WILHEMINA BORKETEY
Human Resources Manager
Olam Agri Ghana Limited

Workforce Nutrition Case Study: Olam Agri Ghana Limited
December 2023



Curious to learn more about Olam Agri Ghana Limited's noteworthy workforce nutrition achievements?

[Click here and learn more](#)

Thibaut Mongon CEO Kenvue

An important message on #EmployeeWellbeing

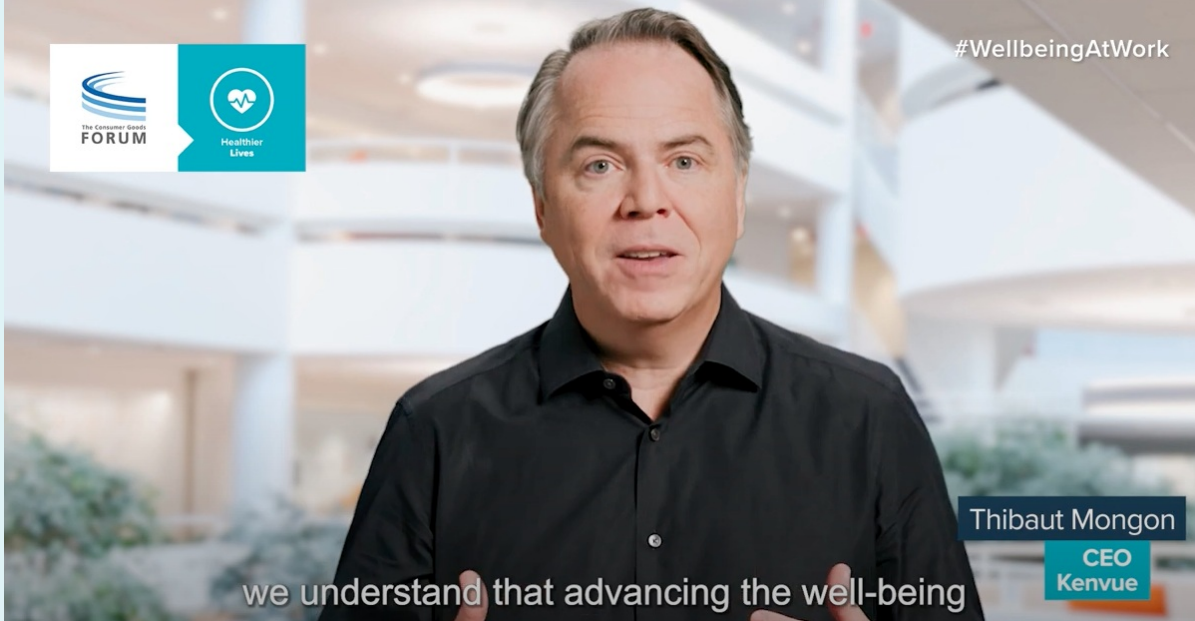
Thibaut Mongon, the CEO of Kenvue, recently lent his voice to the CEO video series as part of the #WellbeingAtWork campaign. This series showcases C-suite executives discussing the significance of well-being for businesses.

Underlining Kenvue's commitment, Mongon said that "... *advancing the well-being of consumers starts with caring for each and every employee ...*" and, as a CEO, Thibaut Mongon "... takes that responsibility seriously".

Programmes include global assistance, on-site emotional specialists, fitness centres, and flexible leave options. Kenvue also introduced a Global Care Day, providing an extra day for employees to focus on their well-being. Moreover, the company reimburses expenses for personalised health resources, whether connected to physical, nutritional, or emotional health.



#WellbeingAtWork



Thibaut Mongon

CEO
Kenvue

we understand that advancing the well-being

Watch the full video



**WE WISH YOU
A NUTRITIOUS
FESTIVE SEASON
& GOOD WELLBEING
FOR 2024**

**FROM YOUR TEAM AT
THE WORKFORCE NUTRITION ALLIANCE**



About us

The Workforce Nutrition Alliance was launched by The Consumer Goods Forum (CGF) and the Global Alliance for Improved Nutrition (GAIN) in October 2019. The Workforce Nutrition Alliance's aim is to support employers to adopt and expand healthier workforce nutrition programmes to reach three million employees in organisations and supply chains by 2025 and over ten million by 2030.

Workforce Nutrition Alliance | www.WorkforceNutrition.org