



WORKFORCE NUTRITION Updates and Insights

Greetings!

Today we are sending you the second issue of our newsletter "Workforce Nutrition - Updates and Insights". On a regular basis, every two to three weeks - we are gathering information, news and insights for executives who are responsible for the well-being of employees in their organisations, companies and in supply chains.

The Workforce Nutrition Alliance was launched by The Consumer Goods Forum (CGF) and the Global Alliance for Improved Nutrition (GAIN) in October 2019. The Alliance works to bring access to and knowledge about healthy nutrition to +3 million employees in member organizations and supply chains by 2025 and over ten million by 2030. You can learn more about workforce nutrition and the Workforce Nutrition Alliance on <u>our website</u>.

If you have any questions or suggestions, please let us know at info@workforcenutrition.org

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"The Workforce Nutrition Alliance has provided a meaningful platform for us to galvanise our efforts around employee well-being."



The Food@Google mission is to inspire and enable the Google community to thrive through food choices and experiences. Google's Global Workplace Programs team recognised they had a unique opportunity to make healthy and sustainable eating accessible, easy and the default model for workplace foodservice.

When Google learned that the Workforce Nutrition Alliance was being formed to help drive more progress in this space, they jumped at the chance to join forces with other like- minded organisations. Google believes that in

order for the workplace to be a place where employees are the most productive, better connected and most well cared for employees, the company must ensure its food experiences support the health and wellbeing of its people and our planet.

Workforce nutrition: DSM, Griffith and Unilever gear up for healthy employees - Reaping the benefits of a healthy workforce



Recent studies have linked deficiencies in nutrients such as <u>vitamin D with non-communicable diseases</u> like heart and cardiovascular diseases (CVD) and even revealed that it can <u>contribute to more restful sleep</u>. Diabetes has long been known to be impacted by

nutrition and diet. Some studies have even found it <u>may be the key</u> to controlling the effects of symptoms of the disease. The Workforce Nutrition Alliance calls for even more companies and organizations to join them in creating a healthier workforce.

NutritionInsight, the go-to source for news about nutrition and diet trends, focused on Workforce Nutrition, presented the recently published Case Study Booklet and referred to tools and trainings offered by the Workforce Nutrition Alliance.

Read the full article

Deadline 31 July 2022 - Sign-up for the Workforce Nutrition Masterclass

The masterclass has been designed for HR professionals who work at companies that want to improve their workforce nutrition programme within one (or more) of our four core themes: Healthy food at work, Nutrition education, Breastfeeding support, or Nutrition health checks.

A mix of participants from across the world will collectively go



through this three-month masterclass. The class combines interactive group exercises, coaching sessions and easy-to-apply tools that help implement a workforce nutrition programme in your organisation. The entire course is offered online.

At the end of the masterclass, you will have built the foundation for a workforce nutrition programme that will strengthen your company while improving employees' lives. Click the button for more information and for registration.

Learn more

Putting food on the table in a world in crisis - Independent Food Systems Summit Dialogue at Davos puts workforce nutrition on the agenda

> Workforce Nutrition was one of five major focus topics during an Independent Food Systems Summit Dialogue, that was organised as a side event during the WEF



Annual Meeting in Davos (24 May 2022/SDG Tent).

Hosted by Bayer, Clim-Eat, and the World Farmers' Organisation the Dialogue brought together fifty global leaders representing diverse stakeholder groups, including

farmers, researchers, international organizations, and businesses from Asia, the Americas, the European Union, and Africa.

Participants came together in a hybrid model to discuss the next steps in implementing the actions that were established at the UN Food Systems Summit. Following high-level presentations, participants split into five groups for intensive, facilitated discussions to plan next steps to advance food systems transformation.

Read the full article

"There has been a gradual positive cultural shift toward proper nutrition at our worksites" - Collaboration is the only way to deliver workforce nutrition

Olam Agri is its people, and the health of a company is reflected in the health and wellbeing of its employees. Olam Agri's investment in nutrition at our workplaces and throughout our supply chains has a tremendously positive impact. As a result, the company's strategy is to continue taking bold steps to meet our ambitious nutrition and sustainability goals.

Looking after the welfare of employees and enabling them to perform their work in a healthy and favourable environment was my main personal motivation to join the **Workforce Nutrition Masterclass**, a technical support programme organised by the Workforce Nutrition Alliance (WNA).

Read more about workforce nutrition at Olam Agri:

Read more

⁶⁶ The Workforce Nutrition Masterclass provided us with the tools and resources we need to implement workforce nutrition programmes at Crown Flour Mills. The Masterclass also helped us in planning my weekly activities and allocating appropriate time to each required task or step. 22

Join the Workforce Nutrition Alliance's FREE webinars or sign up for the Workforce Nutrition Masterclass.



MOSHOOD QUADRI HR Professional, Olam Agri



About us

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Workforce Nutrition Alliance | www.WorkforceNutrition.org